

2010 CALVET WOMEN VETERANS CONFERENCE

(A LEGACY AND STORY:
WOMEN SERVING WITH HONOR)

*October 7-8, 2010
Clovis Veterans Memorial Building*

BARBARA WARD (DEPUTY SECRETARY FOR WOMEN AND MINORITY VETERANS)



As Deputy Secretary for Women and Minority Veterans Affairs, it is indeed an honor to welcome each of you to our third annual CalVet Women Veterans Conference. Our conference theme is: "A Legacy and Story: Women Serving with Honor". There have been several pivotal changes over the past year that will have an extremely positive impact on services and benefits provided to women veterans. We have also witnessed a tremendous amount of focus and visibility on issues and concerns of military women and veterans. This year's conference will give us the forum to celebrate our vast accomplishments together, share our moving stories, expand our communication networks and provide us with the latest updates on important issues. We continue to strive to serve the needs of our women veterans by enhancing our conference program and connecting women veterans with available resources. Once again, we invite you to share your concerns with legislators or their staff representatives so that your voice can be heard. As you may recall, last year was the first year that we awarded our Woman Veteran of the Year Award. This year we received 40 nominations for deserving women veterans who served our country and continue to serve veterans and their local communities. What an honor to recognize two of these outstanding women veterans.

The California Department of Veterans Affairs and our conference planning committee hope that you enjoy the 2 day conference and will take away valuable information that can be shared with other women veterans in your networks. As always, our annual conference is a true labor of love that honors and recognizes the contributions of all of us who share that common bond as sisters who are serving our country or have served country. Thank you for participating in our third annual CalVet Women Veterans Conference.

Barbara Ward
Deputy Secretary
Women and Minority Veterans Affairs



Special thanks to the First Lady Maria Shriver's WE Support Program and Talbots, Inc. with their support female veterans receive gift cards to purchase professional attire.

AGENDA (DAY ONE)

Thursday, October 7th

6:00 – 8:00 am	Breakfast at Homewood Suites (hotel guests only)
7:30 – 8:30 am	Registration
8:30 – 9:30 am	Conference Opening / Welcome <i>Barbara Ward, Deputy Secretary</i> <i>Posting of Colors</i> <i>Rocky Chavez, Undersecretary</i> <i>Al Perry, Director, VA Fresno Health Care System</i> <i>Mary Wiberg, Executive Director, CA Commission on the Status of Women</i>
9:30 – 10:00 am	Serving with Honor <i>Brigadier General Mary Kight, The Adjutant General, CA National Guard</i>
10:00 – 10:15 am	Break
10:15 – 11:15 am	Keynote Speaker <i>Dr. Bettye Moseley-Brown, Assistant Director, Center for Women Veterans</i>
11:15 – 12:00 pm	My Story - The OEF/OIF Female Veteran Point of View <i>Kayla Williams, Author</i>
12:00 – 1:00 pm	Lunch/Raffle Drawing
1:00 – 2:00 pm	Military Careers - Past & Present <i>Major General Angela Salinas, Director, Manpower Management Division, Headquarters, US Marine Corps</i>
2:00 – 3:00 pm	Mental Health: PTSD/MST Treatment <i>Dr. Lori Katz, Long Beach VA</i>
3:00 – 4:00 pm	VA Health Care Services <i>Dr. Samina Iqbal, Palo Alto, VA</i>
4:00 – 5:00 pm	Workshops <i>Coping with Stress</i> <i>Managing Your Finances</i> <i>VA/State Benefits</i> <i>Employment & Job Search Strategies</i> <i>Taking Charge of Your Health Care</i> <i>Health/Wellness Practices</i>

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AGENDA (DAY TWO)

Friday, October 8th

6:00 – 8:00 am	Breakfast at Homewood Suites (hotel guests only)
8:00 – 8:10 am	Opening Remarks
8:10 – 9:10 am	Women's Trauma <i>Dr. Stephanie Covington, LCSW</i>
9:10 – 10:10 am	Women's Journey <i>Dr. Stephanie Covington, LCSW</i>
10:10 – 10:25 am	Break
10:25 – 10:35 am	Raffle Drawing
10:35 – 11:35 am	Workshops <i>Coping with Stress</i> <i>Managing Your Finances</i> <i>VA/State Benefits</i> <i>Employment & Job Search Strategies</i> <i>Taking Charge of Your Health Care</i> <i>Health/Wellness Practices</i>
11:35 – 12:00 pm	Presentation of Woman Veteran of the Year Award
12:00 – 1:00 pm	Lunch
1:00 – 2:30 pm	Open Forum with Legislators
2:30 – 2:45 pm	Raffle Drawing / Conference Closing

BIO'S (BIOGRAPHIES)



Dr. Betty Moseley Brown assumed the position of Associate Director of the Center for Women Veterans on November 1, 2004. In this capacity, she advises and assists the Director of the Center for Women Veterans in planning, directing, managing, and coordinating programs and activities of the Center.

Ms. Moseley Brown's passion for veterans began during her United States Marine Corps service from 1978 – 1992. Her VA career began at the San Diego Regional Office where she was a Veterans Benefits Counselor along with serving as the Women Veterans Coordinator. Ms. Moseley Brown briefly left the Department of Veterans Affairs and worked for the Department of the Navy, Naval Facilities Acquisition Command in San Diego, CA and the Director, Acquisition Career Management Center in Arlington, VA.

Ms. Moseley Brown has a Doctor of Education degree from the University of Sarasota. She is an avid Toastmaster achieving the levels of Advanced Toastmaster Gold while serving in a leadership role as Area Governor. Ms. Moseley Brown is a 2003 E-Government Fellow and a 2004 Leadership VA (LVA) alumnus.



Brigadier General Mary J. Kight is the 45th Adjutant General for the California National Guard, appointed by Governor Arnold Schwarzenegger on February 2, 2010. As the Adjutant General, she serves as Director of the State of California's Military Department and leads the largest, most tasked National Guard force in the United States, with an authorized strength of 18,000 Army National Guard and 4,900 Air National Guard members.

General Kight's military awards and decorations include the Legion of Merit, the Defense Meritorious Service Medal, the Meritorious Service Medal (one Bronze OLC), the Air Force Commendation Medal (four OLC), the Air Force Achievement Medal, the Air Force Outstanding Unit Award (one Silver OLC), the Air Force Organizational Excellence Award (one bronze OLC), the National Defense Service Medal (one Bronze Star), the Global War on Terrorism Service Medal, the Air Force Longevity Service Ribbon (one Silver and two Bronze OLC), the Armed Forces Reserve Medal ("M" Device and Bronze Hourglass), and the Air Force Training Ribbon.



Kayla Williams (*Author: Love My Rifle More Than You: Young and Female in the US Army*) is a former sergeant and Arabic linguist in a Military Intelligence company of the 101st Airborne Division (Air Assault). During her deployment to Iraq, Williams was at the forefront of troops' interaction with Iraqis while also navigating the challenges of being part of the 15% of the Army that is female. Kayla is the author of *Love My Rifle More Than You: Young and Female in the U.S. Army*. Kayla is a Truman National Security Project Fellow, a member of the VA Advisory Committee on Women Veterans, and sits on the Board of Directors of Grace After Fire.

BIO'S (BIOGRAPHIES)



Major General Angela (Angie) Salinas began her military career when she enlisted into the Marine Corps in May 1974. Following recruit training at Parris Island, S.C., she served as a legal services clerk until 1977 when she was selected for the Enlisted Commissioning Program and commissioned a second lieutenant in December 1977.

In June 1989, Major General Salinas assumed command of Recruiting Station Charleston and became the first woman in the Marine Corps to command a recruiting station. In June 1992, she became the first woman assigned as a combat service support ground monitor responsible for the assignments of over 1000 senior officers. She was the first female assigned as a plans and policy officer for a major combatant command in 1999, and in May 2001 when she assumed command of the 12th Marine Corps District, became the first woman to serve as a recruiting district commanding officer. She is the first woman to command the Marine Corps Recruit Depot/Western Recruiting Region in San Diego, CA.



Lori Katz, Ph.D. received her Bachelor's degree at the University of California, Berkeley, and her double major Ph.D. at the University of Massachusetts in Amherst. She completed her internship at the VA Long Beach Healthcare System in 1992 and has been there ever since! She is the Founder/Director of the Women's Mental Health Center at the VA Long Beach and Assistant Clinical Professor at the University of California, Irvine. As a VA field expert on sexual trauma, she has testified before the US Congress and worked with the Department of Defense to help write policies for victims of sexual assault in the US military. She has held various leadership positions such as Chair of the Board of Directors for the non-profit Sexual Assault Crisis Agency, Chair of the sexual trauma team, Military Sexual Trauma coordinator, Co-chair of the Employee Satisfaction Committee, and Co-chair of the Diversity Committee. She is the author of several books: Holographic Reprocessing: A cognitive-experiential psychotherapy to treat trauma, 50 ways to deal with feelings, The healthy weigh, and Journey to your heart. Dr Katz is a clinician, researcher, author, and speaker with a passion for helping women veterans!



Dr. Samina Iqbal Samina Iqbal is the Medical director of the Women's Health Program at the Palo-Alto VA Healthcare System. She is an internist, has been with the VA for over 16 years. She is Clinical Assistant Professor at the Stanford University School of Medicine. In October of 2008 she was appointed senior consultant to WVHSHG.

As a senior consultant, she has worked closely with the WVHSHG on policy development, implementation and evaluation. She has also been working with WVHSHG on developing and implementing several educational initiatives.

BIO'S (BIOGRAPHIES)



Stephanie Covington, Ph.D., L.C.S.W., is a clinician, organizational consultant, and lecturer. She has over twenty-five years of experience in the design, development, and implementation of services for women and girls and is recognized for her work in both the public and private sectors. She has served as a consultant to the United Nations Office on Drugs and Crime (UNODC) in Vienna and was selected for the federal Advisory Council on Women's Services. Dr. Covington has served on the faculties of the University of Southern California, San Diego State University, and the California School of Professional Psychology.



Linda J. Benoit served in the U.S. Navy for 17 years – 05/1973 to 05/1977 and 07/1984 to 07/1993 and 4 years in the Naval Reserves and California Army National Guard. Linda is a disabled veteran working for the Department of Veterans Affairs as a certified Claims Examiner, Quality Reviewer, Trainer and Advocate for Women Veterans. She also performs outreach at various venues on behalf of the Los Angeles Regional Office.



Deborah Braver has worked for the CA Dept of Corporations since 2005. She brings more than 35 years of public policy experience to her role as Education and Outreach program manager. She has made hundreds of presentations and led numerous workshops for seniors, servicemembers, the public, and the media, on a wide variety of topics, including fraud prevention, resource planning, and creative problem solving.



Annette Wholaver is an Employment Program Representative with the State of California Employment Development Department. In her dual roles, of a Veteran Employment Services Specialist and California Operation Welcome Home Representative, Annette advocates on behalf of veterans for employment, placement and training opportunities and provides proactive, comprehensive, and collaborative outreach to California's veterans to connect them with accessing veteran benefits.

Annette is a veteran of the United States Army, held a Top Secret Security Clearance and served as an intelligence analyst from 1975 to 1978.

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